

## REGULAR CORPS EVENTS

- Sundays **Meetings at 9.50. 10.30 a.m.. 4-30 p.m.**  
**JAM Club— Jesus and Me 11.10 a.m.** For young people
- Mondays **Silver Threads Club** Lunch 12 noon. Meeting 1.45p.m  
Fortnightly—Next one on 12th July  
**Bible Study** Weekly, 7.30 at the hall with Major Tony.
- Tuesdays **Open Door and light lunches** 10 a.m.—1 p.m.  
**Parents and Tots** 10 a.m.—12 noon. Not school hols.  
**Home League** 1.30 p.m.
- Wednesdays **Cameo Club**—second Wednesday each month 7.30 p.m.
- Thursdays **Open Door** 10 a.m.—12 noon  
**Open Songster practice** 1st Thursday each month  
Next one 2nd September
- Fridays **Coffee Morning and Luncheon Club** 9.30 a.m. and 12.15.  
**Youth Club 8—11 yrs old.** Monthly, 7—8.30p.m.
- Saturdays **Walk** first Saturday every month. Details from  
Barrie, Andy or Gladys. All welcome  
**Coffee Morning** on third Saturday each month 10.30 a.m.

### Special this month.....

- Sat July 3rd Brass and Voices Festival 7 p.m. (See page 10)
- Sun July 4th Songs of Praise at 4.30 p.m. Songsters leading
- Mon July 5th PCC meeting 7.30 p.m. No Bible study this week.
- Fri July 9th Divisional Big Prayer Walk Details from Carol Gibson
- July 9th/10th Churches Together BBQ. (See page 11)
- Sun July 11th Churches Together Songs of Praise on the Rye (Page 11)

### Looking ahead.....

- August 1st Divisional children's holiday camp.....
- August 6th Final Festival at Staines
- August 15th Divisional Summer School.....
- August 21st Final Festival at Bearwood College.

Youth Club  
Children between 8 and 11  
Sept 3rd 7—8.30 p.m.  
Fun in a safe environment.

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*High Wycombe Corps*  
*Frogmoor*

COMMANDING OFFICERS  
MAJORS TONY AND SANDRA FROST



*Standard Bearer*  
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Dear Friends in Christ,

I believe in 1966 a football commentator uttered the words "They think it's all over, it is now!" Forty four years ago England played against Germany in the World Cup final the result being a 4-2 victory for England. Forty four years later England played Germany, not in the

final, but the final score was 4-1 to Germany. Thus it is "all over" for England in this 2010 World Cup.

Since 1966 the phrase 'they think it's all over, it is now' has become a famous and well used saying. I have used it on numerous occasions and I am confident in thinking you have too. When Jesus was on the cross enduring the terrible slow death of crucifixion He said quite a few poignant things. He spoke to the criminals either side of Him and Jesus said "today you will be with me in paradise". He spoke to His mother and to John the disciple whom he loved, 'here is your son, here is your mother'. He said "Father forgive them" and "I am thirsty". When He had received the drink Jesus then said "It is finished".

For the disciples of Jesus and his many followers they thought 'it was all over'. The end. The life of their Lord had finished, His death was the final of their friend, teacher and pastor. What would they do now, except to go back to their various skills as fishermen taxman and doctor. One can only imagine their excitement when they realised 3 days later that Jesus was alive.

Because of Christ's resurrection and when we accept Jesus as our Lord and Saviour it is only just the beginning of an exciting journey. In Luke 19 we can read the well known story of Zacchaeus, the tax collector. He wanted to see Jesus but because of the large crowd and being a short man climbed a tree. Jesus told him to come down and invited Himself to his house. That day, Zacchaeus along with his household, accepted salvation. Real life for Zacchaeus and his family had now just began.

For the Christian, life is full of blessings and promises and each day is an adventure and challenge. My prayer for all who read this article is that you know Christ as your saviour and that because of Christ's resurrection you can be assured that death is not the end. Some think it's all over, but no, with Jesus we live eternally.

*Because He lives I can face tomorrow;  
Because He lives all fear is gone;  
Because I know He holds the future,  
And life is worth the living  
Just because He lives.*

*William and Gloria Gaither*

Yours in Christ  
Major Sandra

P.S. 2014 will be here before we know it!!

## Divisional Big Prayer Walk High Wycombe Big Prayer Walk

We will be leaving the hall at 6.30 p.m., walking the town for about three quarters of an hour. Then returning to the hall for a few moments of prayer. It depends how many people turn up how many groups we can have.

If anyone wishes to walk their own area at your own time, please let Carol Gibson know your plans.

DHQ staff will be giving prayer support for every group from every Corps from their office.

We believe in the efficacy of prayer and we want to take the message into our community. This is an opportunity to see the area and it's needs in a new way and thus to pray with that knowledge.



## An MBE for Major Bert

Salvation Army Press Release

**Major Bert Roper, The Salvation Army Chaplain at Grendon Prison in Buckinghamshire, has been awarded the MBE for Services to Offenders in the Queen’s Birthday Honours list.**

Major Roper has been part of the Chaplaincy team at Grendon for 11 years. He has been a Salvation Army officer for 45 years, and his introduction to prison work was in Dumfries in Scotland, where he became involved with the Young Offenders’ Institute there. Further prison work was at HMP Stafford, the Maze Prison in Northern Ireland, HMP Strangeways, and HMP High Down.

HMP Grendon is a therapeutic prison, where prisoners apply for admission. A therapeutic process replaces the work routine of the normal prison system, in favour of addressing offending behaviour through activities such as psychodrama and art therapy. A psychologist and a therapist work alongside probation services and uniformed prison staff on each of the six wings.

As The Salvation Army Chaplain, Major Bert sees every man who comes in to Grendon. He’s available to talk to inmates, who often want to discuss personal and family issues, and helps with reconciliation with their families, regularly using The Salvation Army’s Family Tracing Service. He also takes Sunday services once a month, and writes parole reports and progress reports.

Major Roper says the MBE came as a complete surprise: ‘It seems strange to be rewarded for doing something which I enjoy so much. It’s a privilege to do what I do. I find it very fulfilling and I aim to glorify God in what I do’.

Quote of the month.....

If God had a fridge your picture would be on it. *Mark Wolstenholme.*

Don’t forget these two  
Very special events.  
Open to everyone!

### Churches Together in Wycombe

Friday and Saturday July 9th and 10th  
Barbeque at All Saints Churchyard.

This has become a very popular event over the past few years. Burgers are provided free to all. It requires a good number of people to help with cooking, serving and simply chatting to ‘customers’. If you could be available on either of these days, please speak to Major Tony who will be very glad to find you a job to do.

### Churches Together Songs of Praise

Sunday 11th July at 3.30 p.m.  
The Rye.

Last year’s event brought together people from many of the town centre churches. A great opportunity for fellowship with them and to spread the Gospel message to those who use the park on Sunday afternoons for leisure activities.

For your interest.....

My granddaughter Aimee is now in Togo. Again, thanks to all who have given financial support for this. She is under strict instructions to write a little to tell us what she has been doing whilst there and I hope to include that in the next magazine.

Quote of the month—2.....

“I yearn for the church to become a nourishing culture of that (God’s) grace” Major Tony from *Philip Yancy’s—What’s so amazing about Grace*

# Andy's Column

Benedict has been an essential part of our fellowship for more than two years now. We know that he works for the Salvation Army as the 'Children's' Advocate' but what else should we know?

## Ten things you may not know about Benedict Mwendwa

1. Ben, the oldest of five children, was born into the Kenyan tribe of Kamba in 1968 and lived with his parents Joseph and Josephine in the capital city of Nairobi.
2. He soon became fluent in three different languages, Swahili, English and the tribal language of Kamba. Even as a teenager he felt called to work with children, using his school holidays to go on mission trips.
3. In spite of this conviction, his family persuaded him that he should get a proper job and so he took up catering management, joining the country's premier hotel 'Hotel Continent'. Ben refers to this as his Jonah experience.
4. Ben later joined the United Nations taking responsibility for organising relief work in Somalia. His duties included the routing of aircraft and negotiating with the Somali militia to ensure safe passage for the relief.
5. Romance came into Ben's life and he married Charity in 1999. They decided to move to England and in 2005 he took up the position of children's advocate with the Salvation Army. He has the responsibility of making the Army's ministry more child inclusive and child friendly. With this in mind he set up a territory wide survey called My Say, which yielded a response from 1632 children, including some from our own Corps.
6. Kyangala Trust is a charity which Ben has initiated with a view to giving practical help to those less fortunate in Kenya. Funds raised have financed the drilling of three bore holes to date—talk to Ben for details.
7. Anyone who knows Ben soon realises that he is an enthusiastic supporter of Manchester United. He played football to semi-professional level in Kenya as a goalkeeper, with Ray Clemence and Dino Zoff as his role models. He now holds a level one coaching certificate. His favourite toy is his aviation flight simulator.

8. As a gastronomic treat, Ben would prepare Kenyan chapatti to be dunked into beef or chicken stew for Charity and his two children Barack and Sawadi to drool over.
9. Here are the words of Ben's favourite (current) song, 'It's your love' by Hillsong.

*Upon the hill of Calvary, He came from Heaven's throne,  
Our fallen-ness and mercy meet, where blood and water flow.  
What grace divine what selflessness, that Christ would bear the weight  
Our proof is scarred, on hands that bled, that we were worth every nail.*

*All the praise and glory to God, we sing hallelujah, sing hallelujah,  
for the king has carried the cross, He is risen from the grave*

*Beyond the tomb to holy skies, He rose in victory  
And bridged for us the great divide, His life is our liberty.  
Your love, it's your love, it's your love that saved me  
Your blood, it's your blood, it's your blood that has claimed me.*

*We sing hallelujah, all the earth cry out hallelujah  
With the angels sing hallelujah, Jesus Christ is King.  
We give everything to you alone.*

10. Ben quotes his favourite Bible text from Romans 5:8 "But God demonstrated His own love for us in this: while we were still sinners, Christ died for us".

### **Brothers in competition!**

The big Easter quiz raised £15 but there is no word yet of the overall winner. A re-marking has been necessary, so will it be Andy or Claude who comes out on top. It appears they both worked very hard to find all the answers, so will they have to share the prize? The sale itself raised £77.20, and thanks are given to all those who helped in any way.

### **New Ideas Sought!**

The next sale is the biggy and it's on Nov. 20th. A long time away, but not too soon to start thinking of what you can do/make/organise, to help. Any new ideas for stalls etc. will be very gratefully received and considered.

# Celebrating Children

This heading will hopefully be a regular feature of the magazine in the months to come. Since Philip left we have not had a youth page, but this is a new venture involving all the youngsters. This month we have news of Keane and more news about Change for Change. Our young people have lots going on in their lives, apart from what we see on a Sunday and it will be good to discover just what they are doing.

**Examination Success!**  
Keane passed his Classical Guitar Grade 1 examination with distinction.  
Well done Keane.

## Change for Change

Such a good idea deserves more than to be a one off effort. £210 has already been raised to provide mosquito nets, now the JAM club has raised it's sights and is aiming to provide funds for a bush ambulance. Come on everyone, keep turning out those pockets and purses and keep the small change growing! Let's see the miracle of small coins turning into an ambulance!

## Sing Gospel



Helen was delighted with the 'turnout' of about 50 people who came along to sing gospel on 12th June. It was quite hard work, singing music which most people had not seen before. Will she do it again? Who knows, but thanks are due to her and to all who came.

## News About People

Bob Marsh is making slow but steady improvement at home. We hope it won't be too long before he is well enough to come along one Sunday. We miss him.

Major Margaret Porter is far from well. She has a condition which causes muscular weakness, resulting in serious mobility problems. Major Maurice has had to give up his prison work in order to be with her at home.

Col. Keith Gibbons is also quite poorly now. He and Anna both need our prayers in these difficult days, but are both contented to know that they are in the Father's hands.

Lt. Stuart McFee has been diagnosed with cancer and is facing surgery later this month. There will be a long period of recovery afterwards. He and Jenny are confident of God's help and healing.

Joan Standage fell whilst on the Silver Threads outing last Monday and fractured her femur. She is now in hospital in Cheltenham, following surgery to repair the damage, but it is hoped she will be transferred to Wycombe soon.

You are asked to pray for all these people.

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Benedict is preparing himself for a sponsored cycle ride from London to Cambridge, in support of the Kyangala Trust (See page 4). Why not have a chat with him and offer some sponsorship.

Do you know.....There are handmade greetings cards for sale at very reasonable prices in the quiet room. Why not have a look before you go to a shop for your supplies. All proceeds to the Corps.

# Y.P. Anniversary



Captain Mark Wolstenholme looking very relaxed after the Sunday afternoon meeting of the young people's anniversary, when he joined with the Divisional Youth Band to share in the music making. In contrast the energy and verve he put into the morning meeting which he led, was very impressive, as well as interesting, different and challenging. I for one will not forget the clip from the Iron Man Race. The man who wanted his severely disabled son to experience for himself the thrill of this gruelling event. The

message from it was that God Himself wants His children to experience all the blessings and thrills of a life lived with Him, even though we are not able to do it alone and need our Father's love to carry us along.



The band pictured here in the town centre, also worked hard and brought blessing through their music, both indoors and out. Their music was much appreciated by everyone and we are glad they were able to come and share this special day with us. Our own Y.P. Band also played with their usual proficiency and the Singing Company, with it's newest member Matthew joining in, was, as always a delight to listen to.

Let us never forget to pray for our young people and for the people who work with them. They all need the power of God in their lives in order to maintain their enthusiasm for living the Christian life in what is a very difficult society.



## Matthew Joins the Ranks!



Probably the biggest highlight of the young people's anniversary was the enrolment of Matthew as a Junior Soldier. Such a big step for a young boy, who will need encouragement and careful teaching over the years ahead to enable him to discover more and more about God, whose child he is and the Christian way which he has promised to follow. He is pictured on the left reading his promise, watched over by Captain Mark Wolstenholme, who enrolled him and May

who as Junior Soldiers' Sergeant, has led him through the process of learning and understanding of just what it means to be a junior soldier. Tristan is just seen, holding the flag, itself an illustration of the God we all serve. On the right Matthew is seen flanked by the Captain and May and also other junior soldiers, including older brother William, who was himself enrolled last year.



And finally....



Shannon is not one of our regulars, but was visiting a little while ago, when she heard about the Change for Change project that our young people have begun. She was challenged in her heart to 'do something for Africa' and thought this was a good opportunity. With great initiative she obtained permission to have a cake sale at school and raised a wonderful £147, which she presented to Major Tony during the meeting. More about Change for Change on page 8.